Join Ben Cormack as he takes you on a journey into the world of pain science and how we can apply and adapt it to the person in front of you. Rather than just giving GENERIC messages about pain that can often be ineffective. Ben will guide you through some patient centred strategies to help you integrate a better knowledge of pain AND the person into your work that can help take the strain out of using pain knowledge with your patients. No more strange looks or patient confusion!

Ben will talk about:

•    Intro to patient centred care & the BPS model
•    Key pain messages
•    Effective communication strategies